

A Faith Disorder | Luke 8:22-25 Sermon Discussion Participant Guide

Purpose of Discussion: To trust God with what stresses us.

Icebreaker: Rate yourself on how stressful the current stretch of life feels compared to other times in your life. What kinds of things do you find yourself worrying about?

Discussion

Transition: Dave said this in his sermon:

“The miracles of Jesus were never just magic tricks. They were always both restorative and revelatory. They saved or healed and they revealed something important to know about Jesus. And if you really grasp what that miracles is revealing/teaching, then it will save or bring healing in your life too.”

1. How is this helpful when we read about miracles as we go through Luke?

Read:

[Luke 8:22-25](#)

²² One day Jesus said to his disciples, “Let us go over to the other side of the lake.” So they got into a boat and set out. ²³ As they sailed, he fell asleep. A squall came down on the lake, so that the boat was being swamped, and they were in great danger.

²⁴ The disciples went and woke him, saying, “Master, Master, we’re going to drown!”

He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm. ²⁵ “Where is your faith?” he asked his disciples.

In fear and amazement they asked one another, “Who is this? He commands even the winds and the water, and they obey him.”

2. What would the emotional experience be like for the disciples starting out on the trip to the middle of the storm?
3. How could Jesus have been sleeping?

THE **crossing** **small groups**

4. How will we be tempted to act when it seems like God is sleeping in our storms?
5. What do you think the disciples were expecting when they woke up Jesus? Why do you think they responded with fear and amazement?
6. Jesus challenged them asking why they were so afraid (Mark 4:40) and where is their faith. What should they have believed?

Optional Dig Deeper: Dave mentioned this quote by Dallas Willard from *Renovation of the Heart*.

"We don't believe something by merely saying we believe it, or even when we believe that we believe it. We believe something when we act as if it were true."

What would acting like Jesus is in charge of your storms look like?

Sharing and Prayer:

Dave ended his sermon by asking us to consider: what if Jesus asked us "Why are you so afraid?" and "Where is your faith?"

Have people share what comes to mind. If you think that would be too personal for your group, then have a time of silent prayer.

Then, close with a prayer for greater faith.

For Further Reading: Dave mentioned the book *Life is Hard, God is Good, Let's Dance* by Brant Hansen in his sermon. You might consider checking that out.