



SERMON DISCUSSION PARTICIPANT'S GUIDE

Repentance | Keith Simon | October 5, 2025

Experiments Review

- How did it go? What was challenging?
- What did you learn? About yourself and about God?
- What would you like to incorporate into your life going forward?

Sermon Discussion

Read Isaiah 59:2 and Psalm 32:3-5:

Isaiah 59:2

But your iniquities have separated
you from your God;
your sins have hidden his face from you,
so that he will not hear.

Psalm 32:3-5

When I kept silent,
my bones wasted away
through my groaning all day long.
⁴ For day and night
your hand was heavy on me;
my strength was sapped
as in the heat of summer.
⁵ Then I acknowledged my sin to you
and did not cover up my iniquity.
I said, "I will confess
my transgressions to the Lord."
And you forgave
the guilt of my sin.



1. Confession is agreeing with God about your sin, and repentance is turning away you're your sin and toward God. The two always go together.

How does unconfessed sin impact our relationships with God? And what difference do confession and repentance make?

2. Everyone sins, but what comes after your sin is most important. Judas and Peter, two of Jesus's twelve disciples, demonstrated two different responses to sin. What did Judas and Peter have in common? How were they different?

3. Confession is radical honest about sin. Keith compared this to Step 5 of Alcoholics Anonymous: "Admit to God, yourself, and another person the exact nature of your wrongs."

What is challenging or scary about the kind of radical honesty required for confession? Why do you think hiding, ignoring, or denying your sin can sometimes feel easier than confessing?

4. 1 Samuel 15 tells the story of how King Saul resisted confessing and repenting for his sin despite repeated opportunities to do so. Instead of turning to God...
 - Saul relabeled his sin,
 - Saul blamed others for his sin,
 - Saul was more grieved by the consequences of his sin than the sin itself.

How do you see yourself in Saul's response to his own sin? Share an example of a time you reacted in one of these ways when confronted with your sin.



Sharing and Prayer

Saul's problem wasn't that he had sinned—everyone sins—his problem was that, like Judas, he wouldn't confess and repent of his sin. When your conscience is bothered, when you are convicted and you know you've done something wrong, take it to Jesus.

End your time together by confessing sin to one another. As you have discussed the sermon, what area of sin in your life do you feel like God is drawing your attention to? Name the specific sin and acknowledge why it was wrong.

After someone shares, thank them for their radical honesty.

Once everyone has confessed sin, close in prayer – asking God to cleanse you, remove the roadblock caused by sin, and restore your relationship with him.

What to practice for next time...

- Week of 10/5- Repentance
- Week of 10/12- Gratitude

If you weren't able to pick up the new Experiments for October booklet, you can download the digital version with the QR code below.

To access a digital copy of the experiments, use this QR code.

