



SERMON DISCUSSION PARTICIPANT'S GUIDE

Worship | Dave Cover | November 16, 2025

Experiments Review: Simplicity

- How did it go? What was challenging?
- What did you learn? About yourself and about God?
- What would you like to incorporate into your life going forward?

Sermon Discussion

We don't always *feel* like praising God when our life circumstances don't seem "praise-worthy." But in his sermon, Dave shared examples from the psalms of prayers of praise from people in hard situations.

Read Psalm 3:1,3

¹ *Lord, how many are my foes!
How many rise up against me! ...*
³ *But you, Lord, are a shield around me,
my glory, the One who lifts my head high.*

1. What circumstances in your life right now are making it hard to feel like praising God?

Read John 4:23-24

²³ *Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. ²⁴ God is spirit, and his worshipers must worship in the Spirit and in truth.*

2. How does this command to "worship in the Spirit and in truth" help us praise God in the midst of hard circumstances?



3. John 4:23 is the only place in the Bible that specifically talks about God *seeking* something from his people. Why does God seek worshipers?
4. We praise what we enjoy, and we more fully enjoy what we praise—how have you experienced this in your life? What do you find yourself praising because you enjoy it so much?
5. Praising God is how we experience him. What might it look like to praise God and experience him more fully in your life? How can you incorporate more praise and worship for God into your weekly rhythms? Brainstorm ideas as a group.

Sharing and Prayer

End your time together by praising God. Have everyone in the group pray a prayer of praise, naming and celebrating an aspect of who God is or what he's done for us.

Start each prayer with, "Lord, I praise you for..." or "Lord, I praise you because..."

What to practice for next time...

Week of Nov. 23 Community

Week of Nov. 30 Obedience

To access a digital copy of the experiments, use this QR code.

